

CLASSES OFFERED: NOTE \* Saturday changed Time to 10:30am

PARENT/CHILD (24 – 36 MONTHS)

<b>PARENT/CHILD SATURDAY</b>	<b>8 WEEKS</b>	<b>PARENT/CHILD TUESDAY</b>	<b>5 WEEKS</b>
Session 1 9/26 - 11/14	10:15 - 10:45	Session 1 9/22 - 10/20	9:30 - 10:15
Session 2 11/21 - 12/19 (5 WKS)	<u>10:30 - 11:00</u>	Session 2 10/27 - 11/24	9:30 - 10:15
Session 3 1/9 - 3/5	<u>10:30 - 11:00</u>	Session 3 1/19 - 2/16	9:30 - 10:15

PRE SCHOOL GYMNASTIC PRORAM: 3 – 4 ½ year old

**BEAR GYMNASTICS AND DANCE PROGRAMS**

GYM & DANCE BEARS	MONDAY	5:00 - 6:00	GYMNASTIC/TAP-BALLET	GB + DB - M
GYM & DANCE BEARS	WEDNESDAY	5:00 - 6:00	GYMNASTIC/TAP-BALLET	GB + DB - W
DANCE & GYM BEARS	SATURDAY	9:00 - 10:00	TAP-BALLET/ GYMNASTIC	DB + GB - S

**BEAR GYMNASTIC PROGRAMS**

GYM BEARS	MONDAY	5:30 – 6:00	GYMNASTICS	GB-M	6 OPEN	
GYM BEARS	WEDNESDAY	5:00 – 5:30	GYMNASTICS	GB-W	6 OPEN	
GYM BEARS	THURSDAY	5:00 – 5:30	GYMNASTICS	GB-TH	8 OPEN	
GYM BEARS	SATURDAY	9:30 – 10:00	GYMNASTICS	GB-S	8 OPEN	

**BEAR DANCE PROGRAMS**

DANCE BEARS	MONDAY	5:00 – 5:30	TAP - BALLET	DB-M	6 OPEN	
DANCE BEARS	WEDNESDAY	5:30 – 6:00	TAP - BALLET	DB-W	6 OPEN	
DANCE BEARS	SATURDAY	9:00 – 10:00	TAP - BALLET	DB-S	8 OPEN	

KINDER PROGRAMS (5 – 6 ¾ yro.)

**KINDER DANCE & GYM PROGRAMS**

KINDER GYM & HIP HOP	MONDAY	6:00 - 7:00	GYM AND HIP HOP
KINDER DANCE & GYM	TUESDAY Lev 2	5:00 - 6:00	TAP/JAZZY- HIP HOP/GYM
KINDER GYM & DANCE	TUESDAY Lev 1	5:00 - 6:00	TAP/JAZZY- HIP HOP/GYM
KINDER BOYS GYM& HIP HOP	WEDNESDAY	6:00 – 7:00	LBOY/GYM/HIP HOP
KINDER GYM & DANCE	SATURDAY	9:00- 10:00	GYM /TAP/JAZY-HH/ BALL

**KINDER GYMNASTIC PROGRAMS**

KINDER GYM ( must be 6 1/2 yro)	MONDAY	6:00- 6:45	GYMNASTIC
KINDER GYM Level 1	TUESDAY	4:45 - 5:30	GYMNASTIC
KINDER GYM level 2	TUESDAY	5:30 - 6:15	GYMNASTIC
KINDER GYM Level 1	THURSDAY	5:00-5:45	GYMNASTIC
KINDER GYM	SATURDAY	9:00 – 9:45	GYMNASTIC

**KINDER DANCE PROGRAMS**

KINDER DANCE	MONDAY	6:30 – 7:00	Hip Hop
KINDER DANCE Level 2	TUESDAY	5:00 - 5:30	TAP/JAZZY HIP HOP
KINDER DANCE Level 1	TUESDAY	5:30 - 6:00	TAP/JAZZY HH
KINDER BOYS HIP HOP	WEDNESDAY	6:00 - 6:30	LIL' BOY/ HIP HOP
KINDER DANCE	SATURDAY	9:30 - 10:00	TAP/JAZZY HIP HOP/Ballet
BALLET level 1	WEDNESDAY	5:30 -6:00	BALLET

## ROCKN' PROGRAMS (7 – 9 ½ yro.)

### ROCKN' GYM & DANCE PROGRAMS

ROCK/Kinder GYM & HIP HOP (6 -7.5 yro)	MONDAY	6:00 - 7:00	GYM/HIP HOP
ROCKN ROLL & HIP HOP	TUESDAY	5:30 – 7:15	HIP HOP / GYM
*BOYS GYM & HIP HOP	WEDNESDAY	6/6:30-7:15 HH /7:30-8:	BOYS HIP HOP&GYM
ROCKN ROLL GYM & TAP/HIP HOP	THURSDAY	5:00 - 6:00	GYM/ TAP/HIP HOP
ROCKN FULL GYM / TAP/HH	THURSDAY	5:00 - 6:15	F GYM/ TAP/HIP HOP
ROCKN HIP HOP/ FULL GYM	SATURDAY	10:30 – 11:45	HIP HOP/FULL GYM
ROCKN TAP JAZ/ HIP HOP/ GYM	SATURDAY	10:00 – 11:30	TAP JAZZ/HH/FULL GYM
ROCK TAP JAZ/ HIPHOP/FULLGYM	SATURDAY	10:00 – 11:30	TAP JAZZ/HH/FULL GYM

### ROCKIN GYMNASTICS PROGRAMS

ROCKN ROLLER	MONDAY	6:00- 6:45	GYMNASTIC
ROCKN ROLLER	TUESDAY	5:00- 5:45	GYMNASTIC
ROCKN ROLLER	WEDNESDAY	6:30- 7:15	GYMNASTIC
ROCKN ROLLER	THURSDAY	5:30- 6:15	GYMNASTIC
ROCKN ROLLER	SATURDAY	11:00 - 11:45	GYMNASTIC
CHEER TUMBLE	MONDAY	4:45 – 5:30	TUMBLE
CHEER TUMBLE	TUESDAY	7:00- 7:45	TUMBLE
ACRO	WEDNESDAY	7:15 – 8:00	ACRO
TEAM GYMNASTIC	TUESDAY	7:00 – 8:00	Team Gym
CHEER TUMBLE	THURSDAY	7:00- 7:45	TUMBLE

### ROCKN' DANCERS PROGRAMS

YOUNG ROCKN Hip Hop (6 – 7.5 ) yro	MONDAY	6:30 – 7:00	HIP HOP
ROCKN HIP HOP	TUESDAY	5:30 – 6:00	HIP HOP
ROCKIN BOYS HIP HOP MUST BE 9YRD	WEDNESDAY	7:30 – 8:00	BOYS HIP HOP
BALLET level 1	WEDNESDAY	5:30 -6:00	BALLET
BALLET level 2	WEDNESDAY	6:30 – 7:00	BALLET
LYRICAL 1 (Ballet class not required)	WEDNESDAY	5:00 – 5:30	LYRICAL
LYRICAL 2 (30min Ballet class required wkly)	WEDNESDAY	6:00 – 6:30	LYRICAL
LYRICAL 3 (30min Ballet class required wkly)	WEDNESDAY	5:30 - 6:00	LYRICAL
ROCKN DANCER	THURSDAY	5:00 – 5:30	TAP/HIP HOP
ROCKN DANCER	SATURDAY	10:00 – 10:30	TAP/JAZZ
ROCKN HIP HOP	SATURDAY	10:30 – 11:00	HIP HOP

### TEEN 10 AND UP DANCE AND GYMNASTICS PROGRAMS

TEEN HIP HOP & JAZZ	TUESDAY	7:00 - 8:00	HIP HOP / JAZZ
*BOYS GYM & HIP HOP (9-up)	WEDNESDAY	6/6:30-7:15 HH /7:30-8:00	BOYS HIP HOP&GYM
*TEEN FULLGYM /HIP HOP/JAZZ	TUESDAY	6:15 – 8:00	GYM/HIP HOP / JAZZ

### GYMNASTICS PROGRAMS

TEEN GYM	TUESDAY	6:15 – 7:00	GYMNASTIC
YOUNG TEEN GYM (8 – 11 Yro)	WEDNESDAY	6:30 – 7:15	GYMNASTIC
TEEN GYM	THURSDAY	6:15 – 7:00	GYMNASTIC
CHEER TUMBLE	TUESDAY	7:00 -7:45	CHEER TUMBLE
CHEER TUMBLE	THURSDAY	7:00 -7:45	CHEER TUMBLE
ACRO	WEDNESDAY	7:15 – 8:00	ACRO
TEAM GYMNASTIC	TUESDAY	7:00 – 8:00	Team Gym

### DANCE PROGRAMS

TEEN HIP HOP	TUESDAY	7:15 – 7:45	HIP HOP
TEEN JAZZ	TUESDAY	7:45– 8:15	JAZZ
TEEN BOYS HIP HOP (Must be 9 yrsold)	WEDNESDAY	7:30 – 8:00	BOYS HIP HOP
TEEN BALLET level 2	WEDNESDAY	6:30 – 7:00	BALLET
LYRICAL 2 (30min Ballet class required wkly)	WEDNESDAY	6:00 – 6:30	LYRICAL